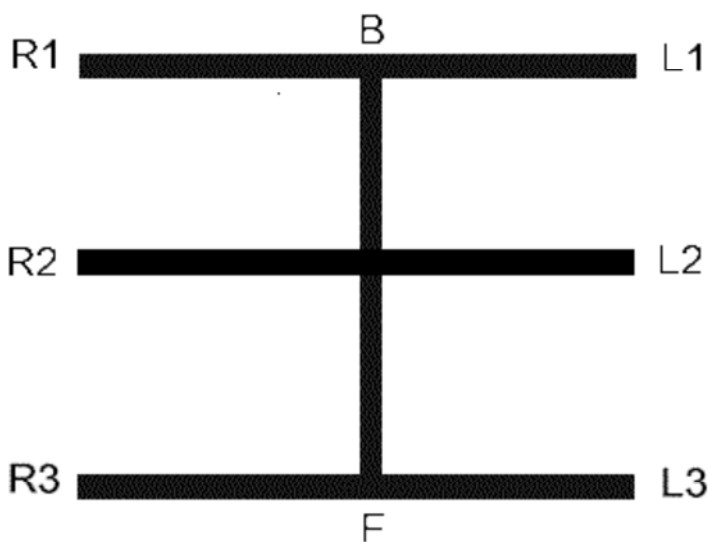






Taegeuk Oh-jang



GRAPHIC	SEQ	MOVEMENT	STANCE	HAND TECHNIQUE
		Jumbi From Attention stance, move the left foot out to the (Ready) left. Hands out in front of you.	Ready Stance (Naranhi Sogi)	Basic Hand Position (Gibon Jumbi)
	1	Turn to the direction of L1, pivoting on the right foot.	Left Forward Stance (Owen Ahp Kubi)	Low Block (Arae Makki)
	2	Draw the left foot back.	Parallel Stance (Pyong Hi Sogi)	Downward Bottom Fist Strike (Mejumeok Yop Naeryo Chigi)
	3	Turn to the direction of R1, pivoting on the left foot.	Right Forward Stance (Oruen Ahp Kubi)	Low Block (Arae Makki)



4 Draw the left foot back.

Parallel
Stance
(Pyong
Hi Sogi)

Downward
Bottom Fist
Strike
(Mejumeok
Yop Naeryo
Chigi)



5 Step with the left foot in the direction of F.

Left
Forward
Stance
(Owen
Ahp
Kubi)

Double
Inside Block
(Doobon
Ahn Makki)



6 Right foot Front kick (Oreun Ahp Chagi), placing the foot down in the direction of F.

Right
Forward
Stance
(Oreun
Ahp
Kubi)

Right
Backfist
Strike/Left
inside Block
(Olgul
Dungjumeok
Chigi/Owen
Ahn Makki)



7 Left foot Front kick (Owen Ahp Chagi), placing the foot down in the direction of F.

Left
Forward
Stance
(Owen
Ahp
Kubi)

Left Backfist
Strike/Right
Inside Block
(Olgul
Dungjumeok
Chigi/Owen
Ahn Makki)





8

Step forward placing the foot down in the direction of F.

Right Face
Forward Backfist
Stance Strike
(Oreun (Olgul
Ahp Dungjumeok
Kubi) Chigi)



9

Pivot on the right foot; turn to the left to face the direction of R3.

Right Kinfe Hand
Back Block
Stance (Sonnal
(Oreun Makki)
Dwi Kubi)



10

Step forward in direction R3.

Right Right Elbow
Forward Strike
Stance (Oreun
(Oreun Palmok
Ahp Chigi)
Kubi)



11

Pivot on the left foot; turning to the right to face L3.

Left Back Knife Hand
Stance Block
(Owen (Sonnal
Dwi Kubi) Makki)



12

Step forward in direction L3.

Right Left Elbow
Forward Strike
Stance (Owen
(Owen Palmok
Ahp Chigi)
Kubi)











13

Pivot on the right foot; turning to the left to face the direction of B.

Left Low
Forward Block/Inside
Stance Block
(Owen (Arae
Ahp Makki/Ahn
Kubi) Bakkat
Makki)



			
	14	Right foot Front Kick (Oreun Ahp Chagi) placing the foot down in the direction of B.	Right Forward Stance (Oreun Ahp Kubi) Low Block/Inside Block (Arae Makki/Ahn Bakkat Makki)
			
	15	Pivot on the right foot; turning to the left, moving the left foot toward the direction of R2.	Left Walking Stance (Owen Ahp Sogi) Left High Block (Owen Olgul Makki)
			
	16	Right foot Side Kick (Oreun Yop Chagi), placing the foot down in direction of R2.	Right Forward Stance (Oreun Ahp Kubi) Left Target-Elbow Strike (Owen Palmok Chigi)
	17	Pivot on the left foot; turning to the right to face L2.	Right Forward Stance (Oreun Ahp Kubi) Right High Block (Oreun Olgul Makki)
	18	Left foot Side Kick (Owen Yop Chagi), placing the foot down in the direction of L2.	Left Forward Stance (Owen Ahp Kubi) Right Target-Elbow Strike (Oreun Palmok Chigi)



19

Pivot on the right foot; turning to the left to face the direction of B.

Left Forward Stance (Owen Ahp Kubi)

Left Low Block (Owen Arae Makki) followed by Right Inside Block (Oreun Ahn Makki)

20

Right foot Front Kick (Oreun Ahp Kubi), take a short hop in the direction of B.

Right Backward Cross Stance (Oreun Dwi Koa Sogi)

Right Face Backfist Strike (Olgul Dungjumeok Chigi) (Kiap)

Baro (Return to Ready)

Pivot on the right foot, turning to the left to face F.

Ready Stance

Basic Hand Position